

Head and Neck Cancer

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Disclosures

- Personal
 - None
- Clinical Research Grants (to Institution)
 - Aveo
 - BMS
 - Celgene
 - Celldex
 - Eli Lilly
 - Moderna
 - Novartis



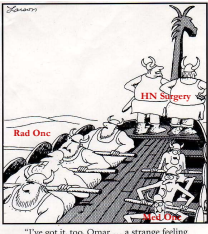
Outline

- Epidemiology
 - Clinically Important Anatomy
 - Histology
 - Classic Risk Factors
 - The Emerging Epidemic
- Staging
- Treatment Standards for Definitive Management
- Treatment Standards for Recurrent/Metastatic HNC
- Nasopharyngeal Carcinoma



Medical Oncologists and HNC circa 2010

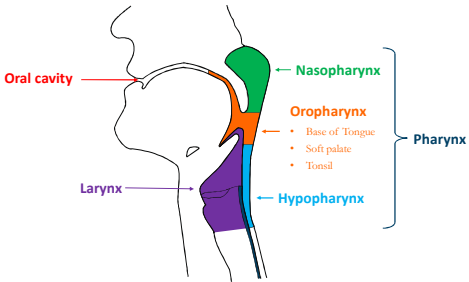
Lumpers not Splitters



- Anatomic distinctions less important
- Common risk factors
- Common pathology
- Common natural history
- Common staging
- Common response to chemotherapy
- Common response to radiation therapy



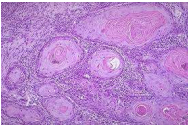
Anatomy





Head and Neck Cancer: Pathologic Subtypes

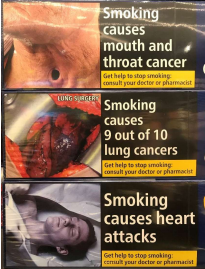
- Squamous cell carcinoma (HNSCC)
 - Predominant pathology
 - >90%
- Nasopharyngeal Carcinoma
- Salivary Gland Tumors
- Other
 - Sinonasal undifferentiated cancer (SNUC)
 - Esthesioneuroblastoma
 - Neuroendocrine carcinoma
 - Sarcomas
 - Mucosal melanoma



Moderately differentiated squamous cell carcinoma with keratin pearl



Head and Neck Cancer: Classic Risk Factors



Smoking causes mouth and throat cancer
Get help to stop smoking. Contact your doctor or pharmacist.

Smoking causes 9 out of 10 lung cancers
Get help to stop smoking. Contact your doctor or pharmacist.

Smoking causes heart attacks
Get help to stop smoking. Contact your doctor or pharmacist.

Alcohol



ARECA NUT/BETEL QUID

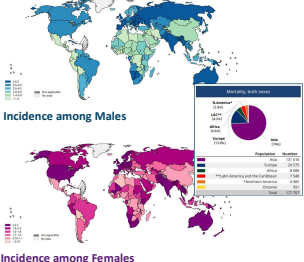
POOR ORAL HYGIENE

DIETS LOW IN FRUITS AND VEGETABLES

- Tobacco
 - Smoking
 - Chewing
 - Sucking
- Alcohol
 - At least additive with tobacco
 - Independent risk
- Areca nut/betel quid
 - Southeast Asia
- Poor oral hygiene
- Diets low in fruits and vegetables



Global Oral Cancer Disparities



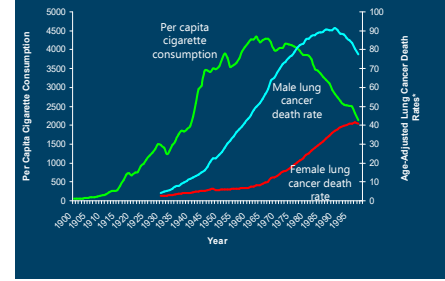
Incidence among Males

Incidence among Females

- Strong association with SES, education
- Proximal behavioral risk factors (AR 50%)
 - Tobacco
 - Alcohol
 - Betel quid/areca nut
- Distal socioeconomic factors (AR 50%)
 - Pollution
 - Food security
 - Affordable, healthy diet
 - Hygiene
 - War



Tobacco Use in the USA: 1900-1999*



Per Capita Cigarette Consumption

Male lung cancer death rate

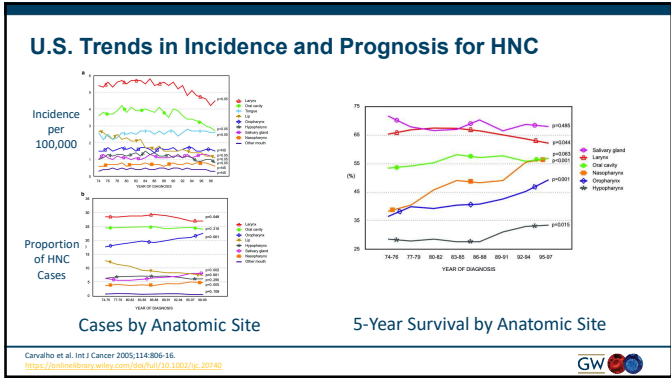
Female lung cancer death rate

Age-Adjusted Lung Cancer Death Rates*

Year

*Age-adjusted to 2000 US standard population.

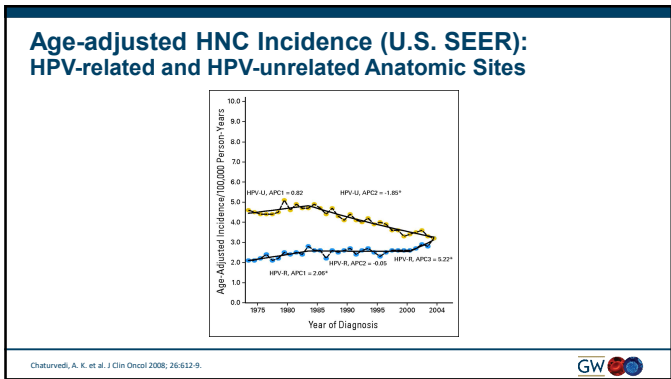


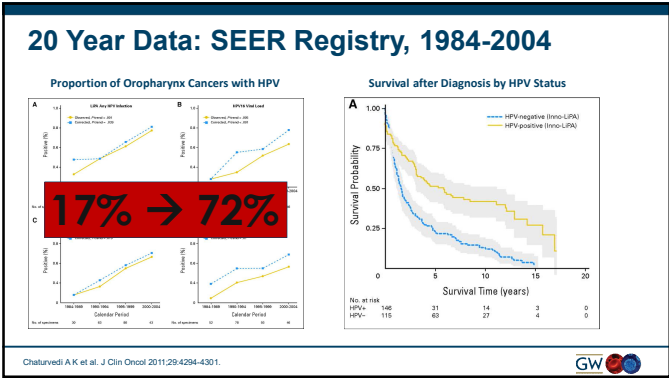


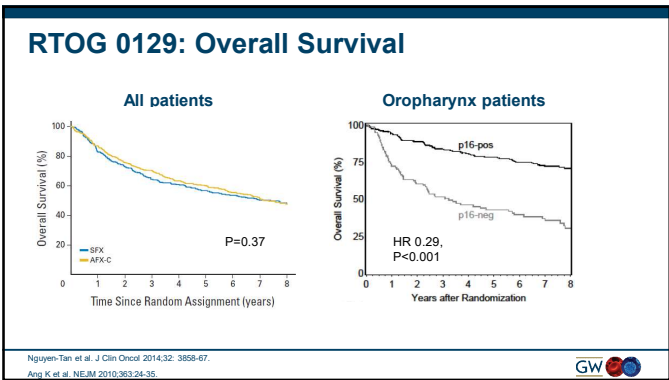
Human Papillomavirus 16: The Emerging Epidemic

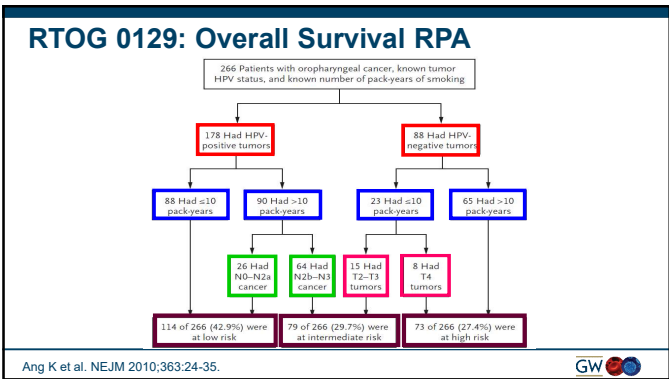
HPV 16 L1 Capsid

- **HPV 16**
 - dsDNA virus
 - Causes half of cervical cancer
 - Causes **two-thirds** of oropharynx cancer
- Behavioral risk factors
 - Younger age at sexual debut
 - Number of lifetime sexual partners
 - Age at first oral sex
 - Infrequent use of condoms
 - Nonuse of barriers
- Vaccines
 - Induce antibodies against L1 capsid protein









Key Points for the Medical Oncologist: Becoming Splitters not Lumpers

HPV(-) HNSCC

- Environmental
- Tobacco, alcohol, betel quid
- Oral cavity, pharynx, larynx
- Lower SES
- Asia, Eastern Europe
- Worse prognosis
- Multimodality treatment paradigms developed for HPV-

HPV(+) HNSCC

- Viral
- Sexually transmitted
- Oropharynx
- Higher SES
- North America, Western Europe
- Better prognosis
- Multimodality treatment paradigms: over-treatment?

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ONCOLOGY UPDATE

16

New Diagnosis of HNSCC: Staging Evaluation

- Complete head and neck examination
- Examination under anesthesia as indicated
 - Panendoscopy for HPV(-) HNSCC
 - Utility less evident with modern imaging
- Head and neck cross-sectional imaging (locoregional TN staging)
 - Contrasted CT or MRI
- Chest imaging (distant M staging)
 - Chest CT
 - PET/CT (best value T3-4, N+)
 - < 10% present with distant metastases

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17

HNC Staging, AJCC 1st -7th Editions (1977-2018)

	T ₁	T ₂	T ₃	T ₄
N ₀	Stage I	Stage II		
N ₁	Stage III			
N ₂	Stage IV			
N ₃	(Includes any M ₁)			

Overall Survival, HPV(-)

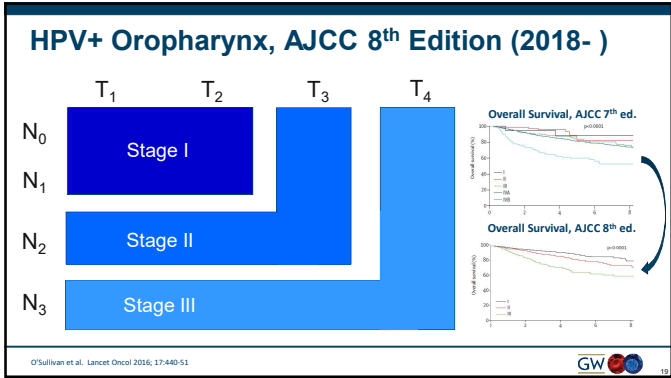
Overall Survival, HPV(+)

O'Sullivan et al. Lancet Oncol 2016; 17:440-52

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18

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Previously Treated Locally Advanced (PULA) HNSCC: General Principles

- Curative-intent
- Definitive modalities: surgery or radiation therapy
- Definitive modality depends on functional expectations, anatomic site
 - Oral cavity: surgery
 - Oropharynx: minimally invasive surgery or RT
 - Hypopharynx: RT
 - Larynx: RT if **functional** larynx is feasible
- In T1-T2 disease, single modality preferred
- Systemic therapy: adjunct to RT

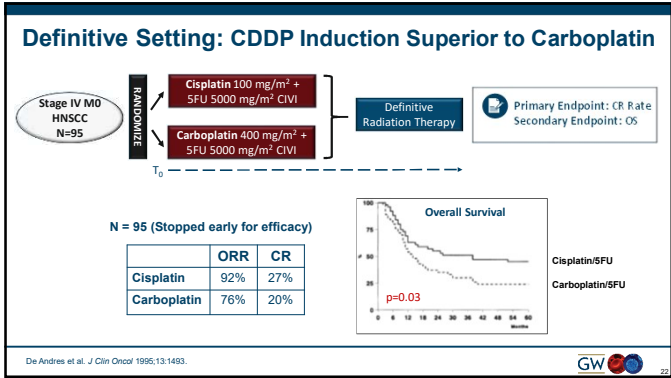
Bauman JE. Head and Neck Cancer. In Cecil's Internal Medicine, 26th edition. Amsterdam: El Sevier, 2020.

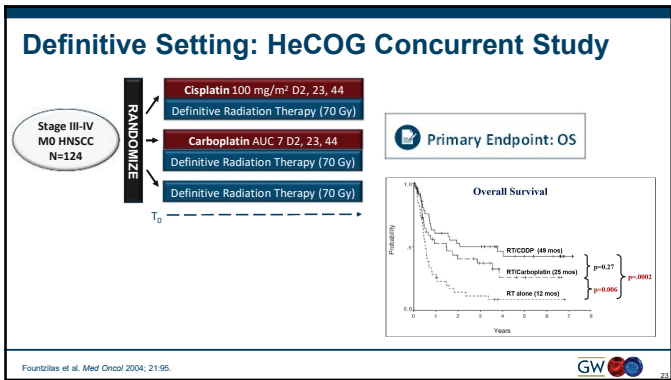
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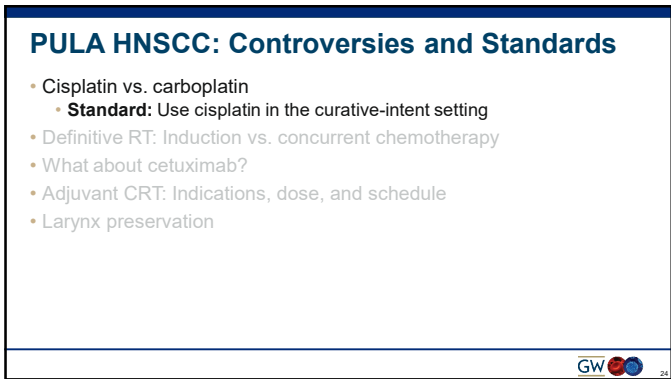
PULA HNSCC: Controversies and Standards

- Cisplatin vs. carboplatin
- Definitive RT: Induction vs. concurrent chemotherapy
- What about cetuximab?
- Adjuvant RT: Indications, dose, and schedule
- Larynx preservation

GW







PULA HNSCC: Controversies and Standards

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Concurrent Chemoradiation (CRT)

Chemotherapy

Radiation Therapy

Induction Chemotherapy

Chemotherapy

→ Radiation Therapy

T₀ ----->

Concurrent vs. Induction Chemotherapy

MACH-NC Meta-Analysis (n=17,346) HR for Death

Timing	No. Deaths / No. Entered	D-E	Variance	Hazard Ratio	HR (95% CI)
Concomitant	3171/4824	3389/4791	-328.4	1587.7	0.81 [0.78;0.86]
Induction	1877/2740	1813/2571	-40.0	900.7	0.96 [0.90;1.02]
Adjuvant	631/1244	661/1323	17.9	317.4	1.06 [0.95;1.18]
Total	5679/8808	5863/6685	-348.5	2805.8	0.88 [0.85;0.92]

Test for heterogeneity: $\chi^2 = 179.8$ $p < 0.0001$ $I^2 = 41\%$

Test for interaction: $\chi^2 = 26.90$ $p < 0.0001$

LRT+CT effect: $p < 0.0001$

Pignon et al. Radiotherapy and Oncol 2009;92:4-14.

Failure Patterns after Concurrent or Induction Chemotherapy

Concomitant Chemotherapy

Control

Induction Chemotherapy

Control

Absolute difference at 5 years $\pm$ sd: -9.3 $\pm$ 1.2 %

Local failure

60.1%

50.8%

19.3%

16.8%

p=0.0001

p=0.04

Absolute difference at 5 years $\pm$ sd: -2.5 $\pm$ 1.2 %

Distant failure

50.8%

19.3%

16.8%

p=0.04

Absolute difference at 5 years $\pm$ sd: 1.5 $\pm$ 1.7 %

Local failure

47.5%

46.9%

17.1%

12.8%

p=0.43

p=0.001

Absolute difference at 5 years $\pm$ sd: -4.3 $\pm$ 1.5 %

Distant failure

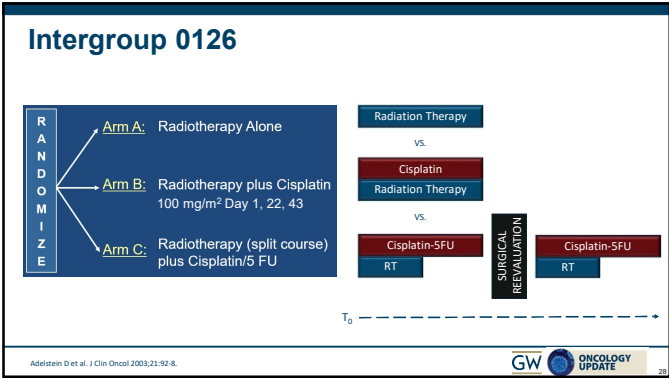
46.9%

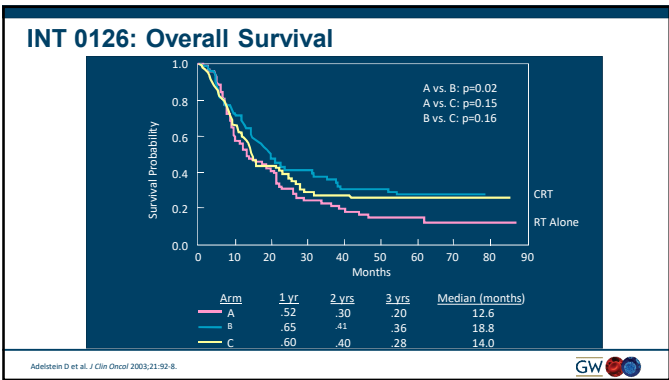
17.1%

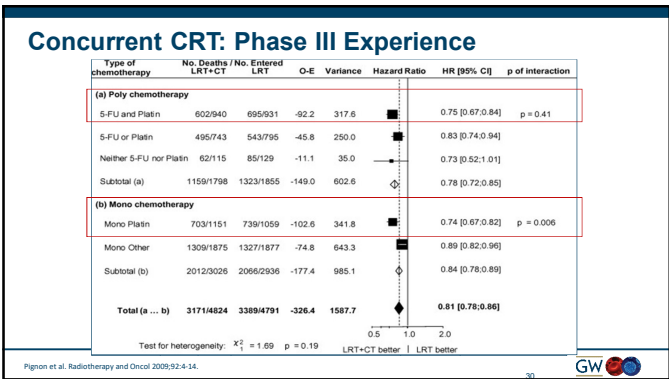
12.8%

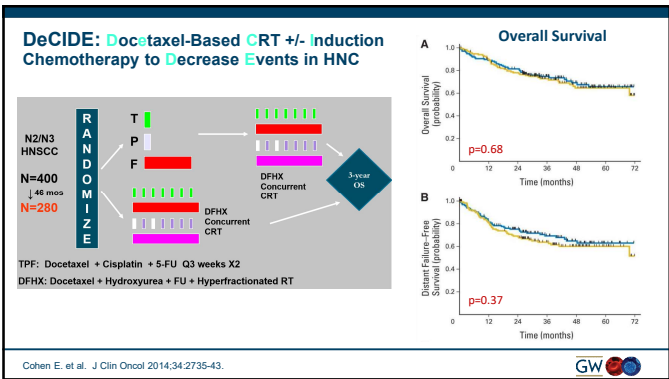
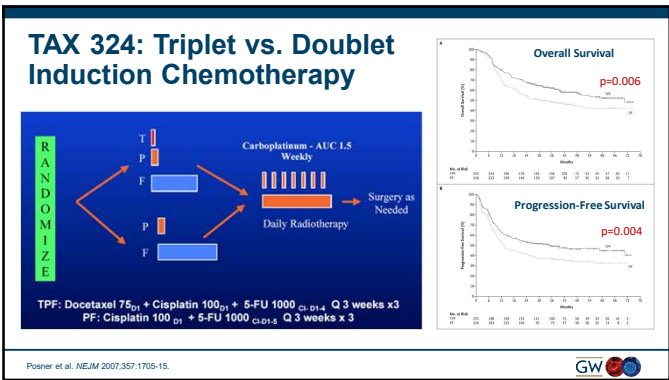
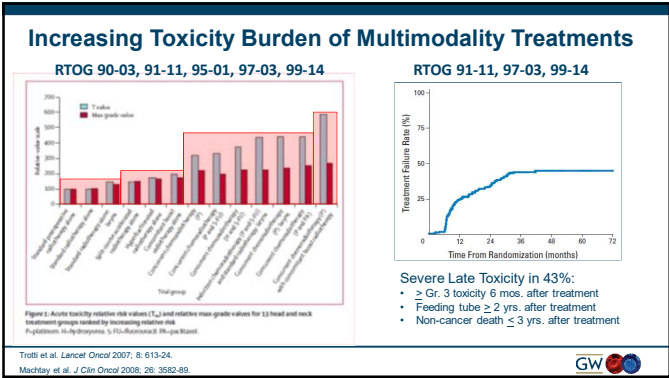
p=0.001

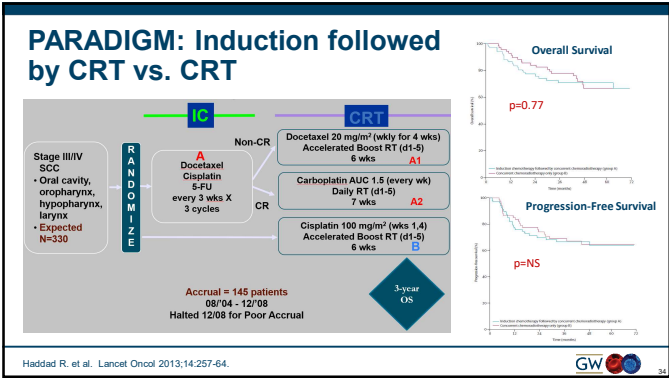
Pignon et al. Radiotherapy and Oncol 2009;92:4-14.

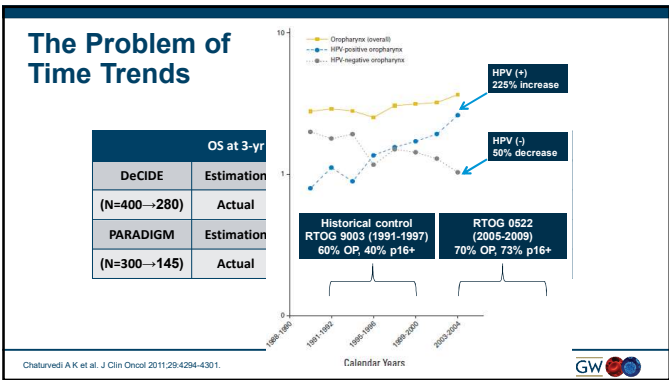


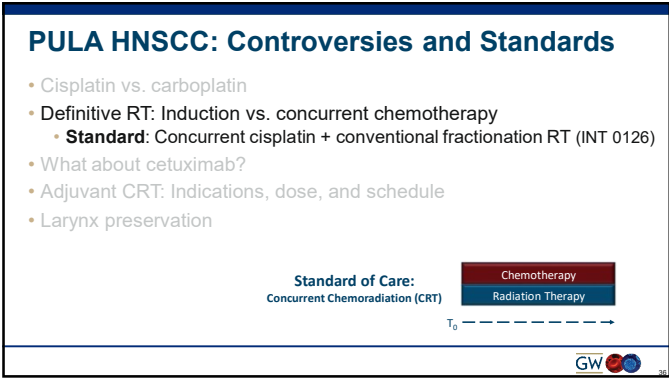












PULA HNSCC: Controversies and Standards

- Cisplatin vs. carboplatin
- Definitive RT: Induction vs. concurrent chemotherapy
- What about cetuximab?
- Adjuvant CRT: Indications, dose, and schedule
- Larynx preservation



Definitive RT with or without Cetuximab

Stage III-IV
MO HNSCC*
N=424

RANDOMIZE

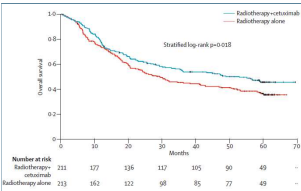
Radiation Therapy

vs.

Cetuximab
Radiation Therapy

T₀ →

Overall Survival



Stratified log-rank p=0.018

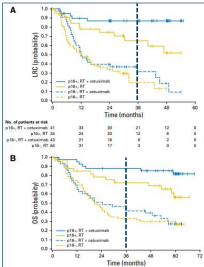
Number at risk	0	10	20	30	40	50	60	70
Radiation therapy + cetuximab	211	177	136	117	105	90	49	-
Radiation therapy alone	213	162	122	98	85	77	49	-

*AJCC v.7

Bonner J et al. NEJM 2006;354:567-78.
Bonner J et al. Lancet Oncol 2010;11:21-8.

Cetuximab and p16 Status



No. at risk at end

	0	12	24	36	48	60
p16+ RT + cetuximab	41	38	35	32	28	24
p16+ RT alone	41	38	35	32	28	24
p16- RT + cetuximab	41	38	35	32	28	24
p16- RT alone	41	38	35	32	28	24

3-Year Locoregional Control

	HR	95% CI
p16+	0.31	0.11-0.78
p16-	0.78	0.49-1.25

P_{interaction} = 0.087

Overall Survival

	HR	95% CI
p16+	0.38	0.15-0.94
p16-	0.93	0.59-1.48

P_{interaction} = 0.085

Conclusions:

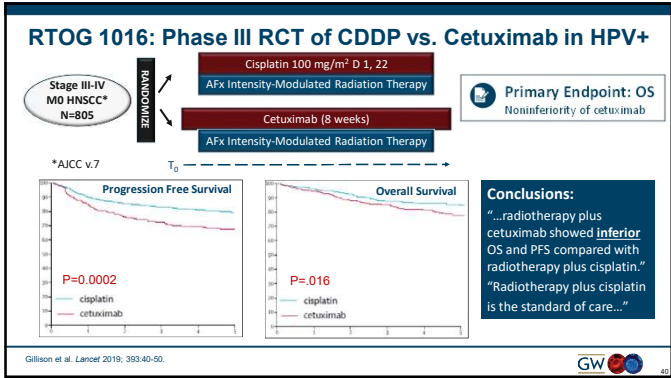
"...regardless of p16 status, patient outcomes were improved by the addition of cetuximab to RT compared with RT alone."

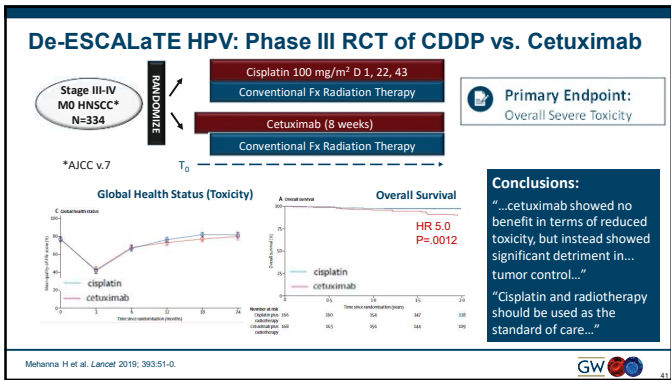
"...p16 status – although a strong prognostic biomarker – does not predict and is not a biomarker of the effect of cetuximab..."

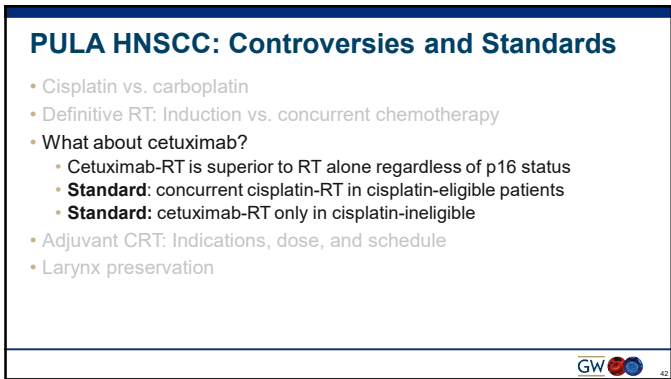
Bonner J et al. NEJM 2006;354:567-78.

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- Larynx preservation

Adjuvant (Chemo) Radiation Therapy

Surgery

Radiation Therapy

Surgery

Chemotherapy
Radiation Therapy

T₀

EORTC 22931 and RTOG 9501 Adjuvant RT +/- Cisplatin 100 mg/m² D1, 22, 43

EORTC

p=0.007

p=0.02

EORTC versus RTOG Eligibility

RTOG: Stage III-IV, OP, OC +/- adjuvant RT +/- ECE, 2+ pos. nodes

EORTC: Margins + ECE, Perineural Disease, Vascular Invasion

RTOG

p=0.01

p=0.19

Bernier J et al. N Engl J Med 2004;350:1945-52.
Cooper J et al. N Engl J Med 2004;350:1957-64.

Bernier et al. Head Neck 2005; 27:843-850

The Evolution of Pathologic Risk Criteria

Overall Survival

Patients **with** positive margin &/or ECE

EORTC 22931 **p=0.019**

RTOG 9501 **p=0.063**

Patients **without** positive margin &/or ECE

EORTC 22931 **p=0.33**

RTOG 9501 **p=0.78**

High Risk

- Positive Margin
- Extracapsular Nodal Extension

Intermediate Risk

- Perineural invasion
- Lymphovascular invasion
- Multiple positive LN
- Level IV or V LN

EORTC versus RTOG Eligibility

RTOG: Stage III-IV, OP, OC +/- adjuvant RT +/- ECE, 2+ pos. nodes

EORTC: Margins + ECE, Perineural Disease, Vascular Invasion

Pooled post-hoc analysis: EORTC 22931 and RTOG 9501

Bernier et al. Head Neck 2005; 27:843-850

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JCOG 1008: Phase II/III Trial of Adjuvant CRT with 3-Weekly vs. Weekly Cisplatin in Pathologic High Risk HNSCC

Trial Design

Adult institutional randomized phase II/III trial
28 institutions from JCOG-HNSG

Post-operative (pT3-4, N1-2, SCCN)

- Pathologic high risk
- Microvascular invasion
- Marginal disease
- Oral cavity, larynx, hypopharynx

Randomization 1:1

Arm A: 3-Weekly CDDP-RT
• CDDP 100 mg/m² q 3w
• RT 66 Gy/33F

Arm B: Weekly CDDP-RT
• CDDP 40 mg/m² weekly
• RT 66 Gy/33F

* ID confirmed RT or IMRT was allowed at institutional discretion

Adjusted factors:
Microvascular invasion
Stage III-IVb
Disease site

DNE: extra-nodal extension
RT: radiation therapy, IMRT: intensity modulated RT

Cisplatin Dosing:

100 mg/m² every 3 weeks
vs. 40 mg/m² weekly

Overall Survival: OS (ITT)

Median follow-up period: 2.2 years

3-year OS: 55% (95% CI, 49-61) vs. 58% (95% CI, 52-64)

HR: 0.89 (95% CI, 0.71-1.12) (p=0.32)

One-sided p for non-inferiority = 0.0072 < 0.00433

At the planned 2nd interim analysis of Phase II part, DMC recommended continuing due to early

Kijoyda N et al. J Clin Oncol 38: 2020 (suppl; abstr 6502).

JCOG 1008: Toxicities

Acute Hematological Toxicities

Hematological	Arm A: 3-Weekly CDDP-RT (N=126)		Arm B: Weekly CDDP-RT (N=127)	
	Any grade	Grade 3-4	Any grade	Grade 3-4
Total	122 (100%)	79 (63.2%)	122 (100%)	75 (64.8%)
Leukopenia	122 (99.2%)	71 (58.0%)	122 (99.2%)	75 (61.5%)
Neutropenia	122 (99.2%)	63 (51.6%)	122 (99.2%)	49 (39.3%)
Anemia	122 (100%)	38 (30.6%)	122 (100%)	16 (12.6%)
Thrombocytopenia	45 (35.7%)	3 (2.3%)	101 (80.3%)	4 (3.1%)
Felicit neutropenia	7 (5.4%)	7 (5.4%)	5 (3.9%)	5 (3.9%)

3-Weekly: Less thrombocytopenia
Weekly: Less neutropenia

Acute Non-hematological Toxicities*

Non-hematological	Arm A: 3-Weekly CDDP-RT (N=126)		Arm B: Weekly CDDP-RT (N=127)	
	Any grade	Grade 3-4	Any grade	Grade 3-4
Mucositis	118 (93.5%)	30 (23.8%)	113 (89.4%)	34 (27.0%)
Dysphagia	75 (59.5%)	24 (18.9%)	109 (85.6%)	24 (19.0%)
Dermatitis	118 (93.4%)	15 (11.9%)	112 (88.4%)	14 (11.0%)
Nausea	87 (68.8%)	17 (13.2%)	112 (88.4%)	5 (3.9%)
Infection	75 (59.5%)	15 (11.9%)	18 (14.2%)	8 (6.3%)
Hepatic toxicity	119 (93.5%)	13 (10.3%)	109 (85.6%)	13 (10.3%)
Renal impairment	51 (40.3%)	0 (0%)	36 (28.2%)	0 (0%)
Hearing impairment	22 (17.3%)	5 (3.9%)	17 (13.3%)	2 (1.6%)
Peripheral neuropathy	7 (5.4%)	0 (0%)	2 (1.6%)	0 (0%)

3-Weekly: No advantage
Weekly: Less dysphagia, nausea, infection, renal injury, ototoxicity

Kijoyda N et al. J Clin Oncol 38: 2020 (suppl; abstr 6502).

NRG/RTOG 1216: Ongoing Phase II/III RCT in Pathologic High Risk HNSCC

Register, N=565

Accrual Period, 65 mos

- Post-operative from oncologic resection
- Stage III-IVb oral cavity, hypopharynx, larynx, or p16(-) oropharynx (AJCC v.8)
- Pathologic high risk
 - + margin
 - ECE
- MD
- Zubrod 0-1

Stratify:

- Zubrod (0 vs. 1)
- Disease Site (OC vs. H vs. L vs. HPV-OP)

N=480

Ratio 1:1:2*

1

1

2

RANDOMIZE

Arm 1: CR (Common Control)

- 60-66 Gy/6 weeks
- CDDP 40mg/m²/week
- N=120

Standard of care arm: Weekly cisplatin

Arm 2: DX

- 60-66 Gy/6 weeks
- Docetaxel 15 mg/m²/week
- Cetuximab 400 mg/m² load then 250 mg/m²/week
- N=120

Arm 3: AT

- 60-66 Gy/6 weeks
- CDDP 40mg/m²/week
- Atezolizumab 1200 mg q 3 weeks x 6
- N=240

Study Chair: JE Bauman

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- Definitive RT: Induction vs. concurrent chemotherapy
- What about cetuximab?
- Adjuvant CRT: Indications, dose, and schedule
 - Pathologic high risk: adjuvant, concurrent cisplatin-RT
 - Intermediate risk: shared decision-making
- Larynx preservation

Pathologic High Risk

T₀

Surgery

Cisplatin
Radiation Therapy

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PULA HNSCC: Controversies and Standards

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VALCSG: Induction Chemotherapy + RT vs. Surgery + RT Phase III RCT

Stage III-IV M0
Larynx CA
N=332

RANDOMIZE

Laryngectomy → Radiation Therapy

Cisplatin-SFU x 2

Responders → Cisplatin-SFU x 1 → Radiation Therapy

Non-Responders → Laryngectomy → Radiation Therapy

T₀

The Department of Veterans Affairs Laryngeal Cancer Study Group (VALCSG). N Engl J Med 1991;324:1685-90.

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VALCSG Laryngeal Preservation Trial: Outcomes

	Surgery → RT N=166	Chemotherapy → RT N=166
Response Rate (CR)	NA	85% (31%)
3-year Overall Survival	56%	53%
Laryngectomy	166 (100%)	59 (36%)
Early vs. Late Salvage Before or ≤ 3 mos of RT > 3 mos after RT	NA	48 (29%) 11 (7%)
T4 Tumors	42 (100%)	24 (56%)

Overall Survival

The Department of Veterans Affairs Laryngeal Cancer Study Group (VALCSG). N Engl J Med 1991;324:1685-90.

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RTOG 91-11: Randomized Trial of 3 Nonsurgical Strategies for Larynx Preservation

Stage II-IV M0
Larynx CA*
N=520

*High volume T4
excluded

RANDOMIZE

Radiation Therapy

Cisplatin
Radiation Therapy

Cisplatin-SFU x 1

Responders

Radiation Therapy

Cisplatin-SFU x 2

Non-Responders

Laryngectomy

Radiation Therapy

T₀

Forastiere AA. J Clin Oncol 2013;31:945-52.

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RTOG 91-11: Outcomes (Median F/U 10.8 Years)

Laryngeal Preservation

Overall Survival

10-year OS:
Induction: 39%
CRT: 28%
RT: 32%

	RT vs. Induction HR (p value)	CRT vs. RT HR (p value)	CRT vs. Induction HR (p value)
Larynx Preservation	1.26 (p=0.35)	0.46 (p<0.001)	0.58 (p=0.005)
10-year OS	1.15 (p=0.29)	1.08 (0.53)	1.25 (p=0.08)

Forastiere AA. J Clin Oncol 2013;31:945-52.

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PULA HNSCC: Controversies and Standards

- Cisplatin vs. carboplatin
- Definitive RT: Induction vs. concurrent chemotherapy
- What about cetuximab?
- Adjuvant CRT: Indications, dose, and schedule
- Larynx preservation
 - **Standard:** CRT
 - Concern for late mortality
 - **Alternative Standard:** Induction → RT (in responders)
 - Salvage laryngectomy more likely
 - Consider TPF (European standard)



56

PULA HNSCC: Key Take-Aways

- Use **cisplatin** in the definitive setting
- When RT is the definitive modality, deliver **concurrent** chemotherapy
- Cetuximab-RT is only standard for **cisplatin-ineligible** patients
- Adjuvant CRT:
 - Adjuvant CRT in **pathologic high risk** (+margin, ECE)
 - Shared decision-making for intermediate risk
- Larynx preservation:
 - **Surgery up front for dysfunctional larynx** (T4)
 - **CRT is standard**; induction is an alternative

Bauman JE. Head and Neck Cancer. In Cecil's Internal Medicine, 26th edition. Amsterdam: El Sevier, 2020.



57

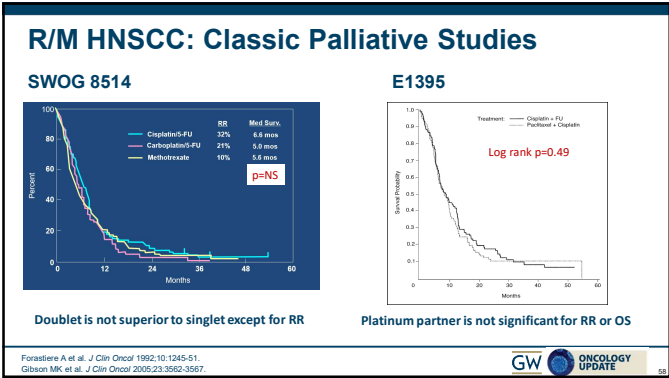
Recurrent and Metastatic (R/M) HNSCC:
General Principles

- Locoregionally confined: consider salvage surgery or (re)irradiation
 - 20% long-term DFS
- Systemic therapy: palliative-intent
- Multi-agent therapy when symptom burden is high
- Anti-PD1 immunotherapy has replaced EXTREME as 1st line standard

Bauman JE. Head and Neck Cancer. In Cecil's Internal Medicine, 26th edition. Amsterdam: El Sevier, 2020.



57



HNSCC suppresses adaptive immunity

- Signal 1:** Reduced antigen processing and presentation
- Signal 2:** Anergic T cells
 - ↑ Co-inhibitory receptors: CTLA-4, PD-1
 - ↓ Co-stimulatory receptors: CD137, OX40
- Signal 3:** Tumor-permissive cytokine profile

HNSCC Tumor cell CD8+ T cell

Adapted from Robert Ferris, MD, PhD

Targeting Signal 2 in R/M HNSCC

- 2016:** FDA Approval of two anti-PD1 mAb in R/M HNSCC
 - Nivolumab
 - Pembrolizumab
- High-Affinity, IgG4, humanized mAb against PD1

HNSCC Tumor cell Antigen Presenting Cell

Bauman JE, Immunotherapy in Head and Neck Cancer: e pluribus unum. Multidisciplinary HNC Symposium, Scottsdale AZ, Feb 15, 2018.

CheckMate 141: Nivolumab vs Investigator's Choice in R/M HNSCC after Platinum Therapy: Targeting Signal 2

Randomized Phase III
N=361
2014-2015
Eligibility:
• R/M HNSCC
• Platinum-refractory
• ECOG 0-1

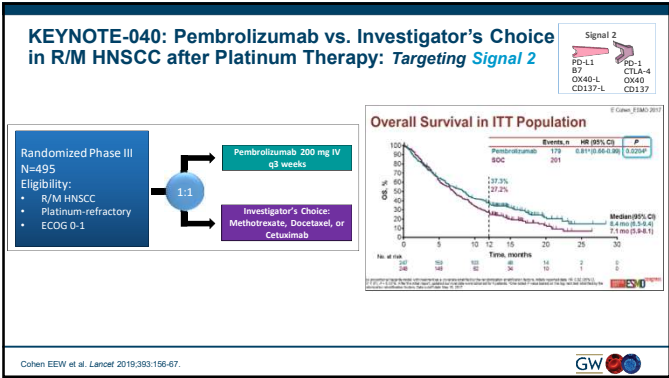
2:1

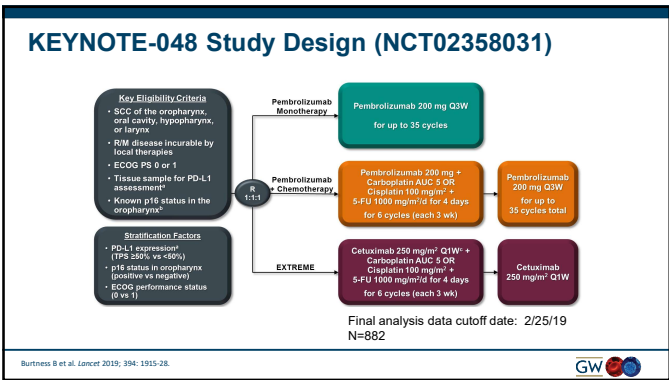
Nivolumab 3 mg/kg q 2 weeks

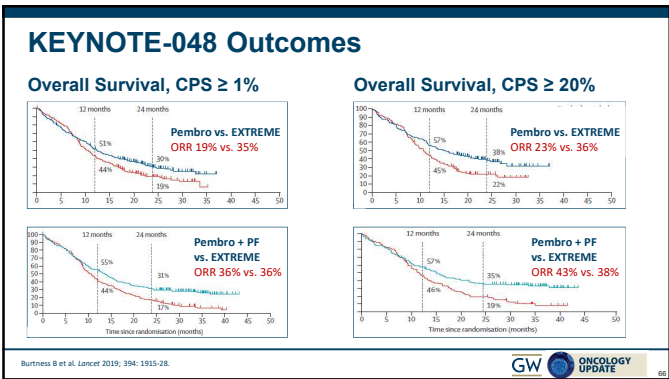
Investigator's Choice: Methotrexate, Docetaxel, or Cetuximab

	No. of Patients	No. of Deaths	1-Yr Overall Survival Rate % (95% CI)	Median Overall Survival mo (95% CI)
Nivolumab	240	133	36.0 (28.1-43.6)	7.5 (5.5-9.1)
Standard Therapy	121	85	16.6 (9.4-24.0)	5.1 (3.4-6.6)

Ferris et al. NEJM 2016; 375:1856-67.







R/M HNSCC: Key Take-Aways

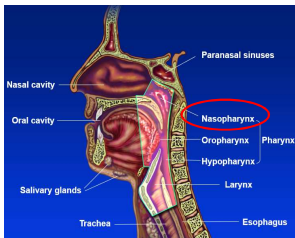
- First-line palliative systemic therapy, platinum-sensitive:
 - Standard:** Pembrolizumab, with or without platinum-5FU
 - CPS 0%:** Pembro-PF
 - CPS ≥ 1%:**
 - High symptom burden: Pembro-PF
 - Low symptom burden: Pembro
- First-line systemic therapy, IO-ineligible: EXTREME
- First or second-line systemic therapy, platinum-resistant:
 - Standard:** Pembrolizumab or Nivolumab
- Second-line systemic therapy
 - Chemotherapy (singlet or doublet), +/- cetuximab

Johnson DE et al. *Nat Rev Dis Primers* 2020;6(1):92



67

Nasopharyngeal Carcinoma: General Principles



Endemic EBV+
"Lymphoepithelioma"

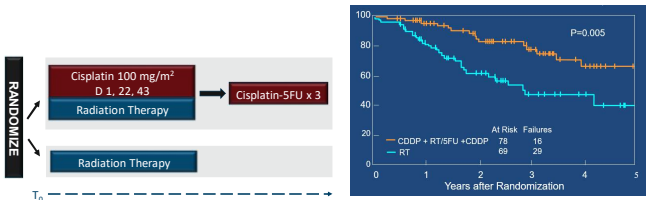


- Etiology
 - Epstein-Barr Virus (EBV): SE Asia
- Histopathology
 - WHO Type I: Keratinizing
 - WHO Type II: Differentiated Non-keratinizing
 - WHO Type III: Undifferentiated Non-keratinizing
- Rarely operable
- Definitive modality: RT
- Systemic failure more common
- Chemotherapy sensitive



68

PULA Nasopharyngeal Carcinoma: INT 0099



Al-Sarraf et al. *J Clin Oncol* 1998; 16:1330



69

CRT in PULA Nasopharyngeal Carcinoma: MAC-NPC Meta-Analysis

	# Trials	N	HR (95% CI)	P-value
Overall	19	4806	0.79 (0.73-0.86)	<0.0001
Induction	6	1039	0.96 (0.80-1.16)	
Adjuvant	4	888	0.87 (0.68-1.12)	
Concurrent	7	1834	0.80 (0.70-0.93)	
Concurrent + Adj.	6	1267	0.65 (0.56-0.76)	

"The additional benefit of adjuvant chemotherapy could not be determined, perhaps because it is so difficult to administer."

Blanchard et al. *Lancet Oncol* 2015; 16:645-55

Gemcitabine and Cisplatin Induction Chemotherapy in Nasopharyngeal Carcinoma

Randomized Phase III, N=480

Eligibility:

- Stage III-IVb
- PULA
- ECOG 0-1

1:1

Induction Cisplatin-Gemcitabine x 3 Cycles → Standard Cisplatin-IMRT

Standard Cisplatin-IMRT

Recurrence-Free Survival

Hazard ratio for recurrence or death, 0.51 (95% CI, 0.34–0.77)

Zhang Y et al. *N Engl J Med* 2019;381:1124-35.

R/M Nasopharyngeal Carcinoma: Gemcitabine-Cisplatin vs. 5FU-Cisplatin

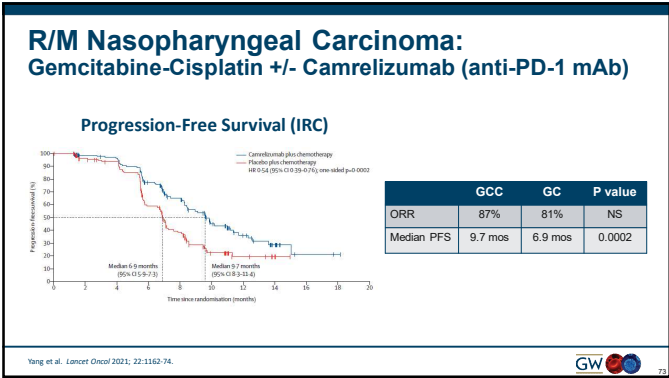
Overall Survival

HR 0.62 (95% CI 0.45-0.84) p=0.0025

	Gem/Cis	5FU/Cis	P value
ORR	64%	42%	<0.0001
Median OS	29.1 mos	20.9 mos	0.0025

Zhang et al. *Lancet* 2016; 388:1883-92.

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Nasopharyngeal Carcinoma: Key Take-Aways

- Endemic cause: EBV
- Definitive modality: RT
- PULA **standard**: Induction cisplatin-gemcitabine → CRT
- R/M **standard**: Cisplatin-gemcitabine + camrelizumab (anti-PD1)