Speaker: Helen Boucher, MD





## CASE

- 64 year old woman with diabetes mellitus, hypertension, coronary artery disease, osteoarthritis, depression, and recently diagnosed MRSA skin infection on her leg presents with 24 hours of fever, chills and shakes
  - Presented with abscess that was drained; linezolid prescribed 5 days earlier
  - 24 hours ago: chills, malaise and tremors
  - No diarrhea, abdominal pain, skin rash
- Current medications: lantus insulin, linezolid, hydrochlorothiazide, aspirin, metoprolol, sertraline, tramadol. No allergies.

## **Exam**

- T 101.6F, BP 146/88, HR 100, RR 20, Sat 97%RA
- HEENT, chest clear, CV, abdomen normal
- Leg with 5 cm wound with pink granulation tissue, scant purulent drainage on dressing; no tenderness, surrounding erythema, warmth or edema
- Neuro: alert and oriented to person, place and time; CN II-XII intact, motor and sensory intact; 3+ bilateral patellar reflexes, resting tremor worse in legs, + clonus
- Labs wbc 7.5, 72%p, 20%l, 5 mono, 2 eo, 1 baso, hct 39, plt 160, Na 145, K 3.9, Cl 96, CO2 20, BUN/Cr 30/1.4 (baseline)

Progress: Neurology consult pending

.

## ARS#

In addition to blood cultures, chest x-ray, urine analysis and culture, you recommend

- A. STAT blood glucose
- **B.** Discontinuation of linezolid
- c. MRI of the leg
- D. Brain imaging and lumbar puncture

## Serotonin Syndrome Related to Linezolid

- Linezolid is a MAO inhibitor, interacts with SSRIs, tramadol and other rx to cause serotonin syndrome
  - Lawrence et al. CID 2006; 42: 1578

### Other answers:

- Addition of parenteral dalbavancin –reasonable if failure of therapy of the ABSSSI was considered
- MRI of the leg failure of source control might be considered
- Brain imaging and lumbar puncture reasonable for concern of brain infection

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Speaker: Helen Boucher, MD

## Case

- 74 year-old man admitted for elective surgery for metastatic cancer of unknown primary
- Presented 6 months earlier with persistent cough. Chest x-ray showed a solitary lung lesion and chest CT confirmed a lung nodule. Lung wedge resection was nondiagnostic. MRI showed two brain lesions in the cerebellum and left temporal lobe. Lung needle biopsy was non-diagnostic. He was referred to Neurosurgery to discuss treatment options for brain metastasis
- Exam notable for unsteady gait. MRI: increase in size of the temporal lesion, new ring-enhancing lesions in cerebellum with surrounding edema
- Dexamethasone started and he was admitted for brain biopsy

## Case

- Past medical history: hypertension, CAD
- No smoking, alcohol, drug use. No pets. Travel to California, Arizona, Europe
- Family history father + colon cancer
- Medication: dexamethasone; NKDA
- T 37C, BP137/84, HR94, RR16, O2 SAT 100%.
- Neuro unsteady gait, muscle strength 5/5 throughout, normal DTR
- Wbc 13.2, 95%polys, hct 31.7, platelets 495, BUN 13/Creat 0.62

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# ARS#

Which of the following is the best initial therapy?

- A. meropenem and TMP/SMX
- B. pyrimethamine and sulfadiazine
- c. chemotherapy and radiation
- D. vancomycin and cefepime

## **Nocardiosis**

- Gram-positive bacterial infection caused by aerobic actinomycetes in the genus Nocardia
- Epidemiology: 2/3 immunocompromised, 1/3 immunocompetent
- Pneumonia, brain abscess, lymphadenitis
- Can disseminate to virtually any organ, particularly the central nervous system
- Tends to relapse or progress despite appropriate therapy
  Different Nocardia species/strains have different susceptibility patterns
- Different Nocardia species/strains have different susceptibility patterns
   Send for species ID and susceptibility testing
- Treat with 2-3 drugs pending susceptibility
  - \_ TMP-SMX
- Carbapenem (imi/meropenem)

  Also linezolid, amikacia, third-generation cephalosporins, minocycline, extended spectrum fluoroquinolones (eg, moxifloxacia), tigecycline, and

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### Case

A 38 year old male lobsterman presents with a 4 day history of worsening erythema, warmth and pain in his middle finger. A biopsy of the site reveals small, slightly curved, grampositive, catalase negative bacillary organisms



ARS#

Which of the following is the most likely organism causing this infection?

- · Vibrio vulnificus
- S. pyogenes
- S. anginosus group
- Erysipelothrix rhusiopathiae

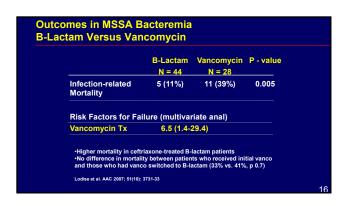
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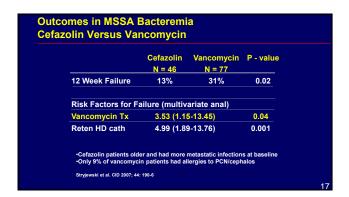
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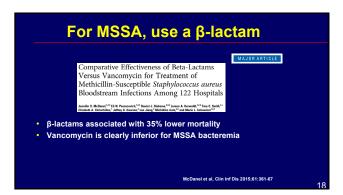
# Erysipeloid "Whale Finger" Erysipelothrix rhusiopathiae • α-hemolytic, gram positive (though loses staining readily – may look gram neg), catalase negative • Confused with listeria, arcanobacterium (but they are β-hemolytic) • Found in environment – soil, grow readily in slime layers on fish • Swine = major reservoir • Occupational exposure highest risk Treatment: • Susceptible to b-lactams, quinolones, clindamycin • Resistant to vancomycin, TMP-SMX, aminoglycosides

# 22 year old man with substance use disorder presents to OPAT clinic on day 24 of parenteral oxacillin for MSSA bloodstream infection. He feels well but notes decreased appetite over the last few days. No nausea, vomiting, diarrhea, rash, fever, chills or sweats. No problem with the PICC line or difficulty infusing Exam unremarkable; PICC site without erythema, drainage, warmth, redness or palpable cord White blood cell count 8, normal differential normal electrolytes, BUN/Cr 18/0.6, urine analysis normal ALT 250, AST 142, Alk phos 117, T Bili 1.3 Hepatitis B surface antigen negative Hepatitis C RNA not detected, HIV negative

# ARS# • Which of the following agents is best to replace oxacillin: 1. Ceftaroline 2. Daptomycin 3. Linezolid 4. Cefazolin 5. Vancomycin







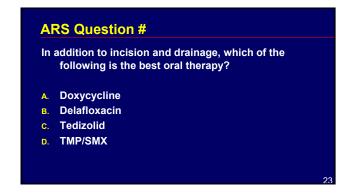
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# Case 45 year old woman admitted for cholecystitis has MSSA bloodstream infection related to thrombophlebitis at IV site TTE showed normal valves Started on parenteral cefazolin with plan to treat for 4 weeks At 2<sup>nd</sup> week OPAT visit (cefazolin day 14) Exam unchanged White blood cell count 8.4, hemoglobin 6.7 normal electrolytes, BUN/Cr 32/1.0 AST 23, ALT 16, Alk phos 55, T Bili 1.8, LDH 459, haptoglobin < 8

# ARS Question # 1 After discontinuing cefazoin, you recommend: A. Piperacillin-tazobactam B. Ampicillin-sulbactam C. Meropenem D. Moxifloxacin









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# **Antibiotic Therapy for Small MRSA Abscesses** • 1220 patients with abscess 2-5 cm diameter, 45% MRSA, all had I&D TMP-SMX (320 mg/1600 mg 2x/d) better than placebo > 780 patients with abscess $\leq$ 5 cm (45 % $\leq$ 2 cm), 49% MRSA, all had I&D TMP-SMX or clindamycin better than placebo Systematic review/meta-analysis > 2400 patients with drained abscess Lower failure in patients who received antibiotics vs placebo (7% versus 16%); odds ratio for cure 2.3 (95% CI 1.7-3.1) Antimicrobial therapy may also decrease the risk of recurrent skin abscess Talan et al. N Engl J Med. 2016;374(9):823. Daum et al. N Engl J Med. 2017;376(26):2545. Gottlieb et al. Ann Emerg Med. 2019;73(1):8. Epub 2018 Mar 9

# **Unresponsive Female with a Red Arm**

- 61 year old female admitted to an outside hospital with unresponsiveness
- Blood glucose >1000 mg/dl and hypotensive on admission
- Noted to have desquamating L hand with L arm erythema, swelling, and bullae
- Placed on pressors and transferred for further care

# **Unresponsive Female with a Red Arm** Past Medical History

- - Diabetes mellitus, HTN
- Vitals: BP109/48 on levophed, HR 71 RR 31 Temp 37.9F, 98% on 40%  ${\rm Fio_2}$
- Exam: intubated/sedated
  - Erythematous furuncles on abdomen, bilateral lower extremities, L arm
    - · Patchy erythema, tense edema · Hand with erythema, bullae
- Pertinent labs: BUN/creat 17/0.8, wbc 37k







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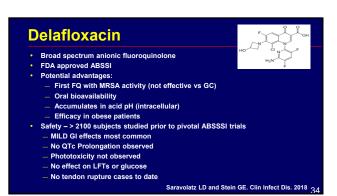
# Hospital Course Operative findings • Muscles and tendons intact — No bulging noted • Return to the OR the next day — Incision extended to the digits — Gross purulence • Blood cultures negative • Tissue and wound cultures grew S. aureus — Susceptible to vanco, clindamycin, gent, rifampin, Tetracycline, TMP/SMX, linezolid — Resistant to penicillin, oxacillin, erythro • CA-MRSA

# **Hospital Course - Progress**

- · Repeated surgical debridement
- Extubated HD #10
- Additional history
  - -Animal/insect contact: dog at home with fleas
    - Pt bathed dog and developed small itchy bites

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# ARS Question #3 The best therapy includes A. Delafloxacin B. Vancomycin C. Linezolid D. TMP/SMX



# Antibiotic Challenges Case 57 year old man with endstage non-ischemic cardiomyopathy, valvular heart disease, hypothyroidism, diabetes • Cardiogenic shock • Left Ventricular Assist Device (LVAD) • Listed for transplant

# Case (continued) Two months later... Pain and drainage from driveline exit site History of trauma 3 days prior Exam 10cm surrounding cellulitis, purulent drainage Gram stain 4+ polys, many gram-positive cocci in clusters VAD wound culture + MRSA Vancomycin initiated

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## Case (continued)

- Imaging with CT + enlarging collection surrounding the aortic limb of the VAD with ? sternal osteomyelitis; new, progressive subcutaneous fat stranding and skin thickening along abdominal wall at DL exit site with internal mesenteric fat stranding
  - Cellulitis vs mesenteritis
- Blood cultures + MRSA
- **Progress** 
  - Difficulty administering and obtaining vancomycin levels in ambulatory patient with VAD
  - Fluctuating vancomycin levels and renal function

## ARS Question # Which of the following is the best therapy for this ambulatory patient?

- A. Oral Linezolid
- **B.** IV Daptomycin
- c. Oral TMP/SMX
- D. IV Dalbavancin
- E. IV Ceftaroline

Linezolid and Tedizolid

	Linezolid	Tedizolid
FDA approval	ABSSSI, PNA, VRE; NOT BSI (Black Box Warning)	ABSSSI
Dosing	600mg twice daily IV/oral x 10 days	200mg once daily IV/oral x 6 days
Activity	Similar spectrum to include MRSA, \	/RE, Nocardia spp, Mycobacteria
MRSA Pneumonia	Superior to vancomycin?	Study vs linezolid complete
Safety	Bone marrow (platelets)	? More safe than linezolid
	Serotonin syndrome, lactic acidosis, peripheral/optic neuritis	Not studied in neutropenic patients

# Daptomycin for S. aureus Bacteremia and Right IE

SAB/IE Study Issues

- Design dapto alone vs. combo/init low dose gent
- Vanco MIC<sub>90</sub> 0.5μg/ml higher in many centers in 2008

Daptomycin 6mg/kg iv daily - ? Higher doses

- Follow CPK espec CrCl < 30 ml/min or high dose
  - Not for pneumonia
    - Inactivated by pulmonary surfactant
       → failed pneumonia studies
       Seems to be OK for septic pulmonary emboli

  - Resistance on therapy
    Use with caution with retained foreign body/undrained abscess

# TMP/SMX for MRSA BSI/Endocarditis

Conflicting data vs. vancomycin

- Old study showed longer duration of SAB, potentially worse outcomes with TMP/SMX for MSSA SAB
- More recent retrospective matched cohort study of patients with MRSA BSI treated with TMP/SMX or vancomycin
  - Similar duration MRSA SAB
  - Numerically fewer relapsed MRSA SAB
- Similar mortality, renal toxicity

Option for salvage MRSA therapy

Markowitz N et al. *Ann Intern Med.* 1992;117:390-398 Goldberg E et al. J Antimicrob Chemother. 2010;65:1779

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31 year old homeless woman with substance use disorder and history of recurrent MRSA skin infections presents with a 12cm diameter thigh abscess. She reports active IV drug use this AM No medications, no known allergies

- T 102, BP 96/58, P 110, RR 18, Sat 96% room air
- Nontoxic appearing. o/p with dry mucosa, no thrush, chest clear, CT tachy + S1, S2, abdomen normal bowel sounds, soft, nontender; extremities, left leg with 12cm diameter fluctuant area on anterior thigh; 22 cm diameter overlying erythema, with warmth and induration; exquisitely tender to palpation; visible track marks over arms and legs. Neuro + fine tremor

Laboratory data:

- wbc 14k, 88%P, 8L, 4mono
- Na 134, K 3.4, Cl, Hco2, BUN/Cr 29/1.2
- AST 34, ALT 48, Alk P 122, T bili 1.2
- Rapid HIV negative
- X-ray of leg no fracture, no gas
- Blood cultures obtained
- Patient declines hospital admission, will allow incision and drainage

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# ARS#

Which of the following is most appropriate for this patient?

- 1. Vancomycin
- 2. Ceftaroline
- 3. Dalbavancin
- 4. Daptomycin

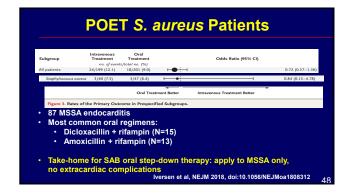
Long-acting Lipoglycopeptides

Dalbavancin Oritavanc

	Dalbavancin	Oritavancin
FDA approval	ABSSSI vs vanco then linezolid	ABSSSI vs vanco
Dosing	1000 mg followed by 500 mg one week later or 1500 mg once (30 minute infusion)	1200 mg once (3 hour infusion)
	Dose adjustment if CrCL < 30 mcg/mL	No dose adjustment (minimal renal excretion)
Activity	Some hVISA/VISA strains VanB VRE only	Some hVISA/VISA strains VanA and VanB VRE
BSI/osteo	Case series	Few cases
Susceptibility	Inferred from vancomycin	Inferred from vancomycin
Safety	? Liver dysfxn	? Liver dysfxn osteo
Coag interference	No	Falsely elevated aPTT first 24-48 hrs Increased warfarin exposure

Why consider oral antibiotics?

Less intravenous access complications
Reduced frequency of hospital follow-up appointments
Fewer restrictions in activities of daily living and return to work



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## Case

- 30 year old healthy teacher presents with 1cm abscess on the left thigh, no systemic illness
- PMHx menorrhagia
- Meds: oral contraceptive, ferrous sulfate
- · Afebrile, exam otherwise normal
- ER MD performs incision & drainage, advises abstaining from shaving
- Tetanus booster administered
- You are asked to recommend further therapy

## **ARS Question #**

You prescribe doxycycline for acute bacterial skin infection. You advise

- Taking doxycycline with food
- Avoiding sun exposure
- c. Taking doxycycline with morning medications
- Discontinuing oral contraceptive

## **Tetracycline Absorption/Adverse Effects**

- Absorption in the proximal small intestine and the stomach
  - Doxycycline is 95% bioavailable with or without food, whereas
- Tetracycline bioavailability reduced x 50 percent if taken with food Absorption of tetracyclines decreased with administration of chelating
- multivalent cations (ie, aluminum, calcium, iron, magnesium)
- Adverse effects:
  - Gastrointestinal (N/V), hepatotoxicity rare but fatal
  - Photosensitivity
    Tooth discoloration
  - Teratogenic

  - Vertigo minocycline Death tigecycline black box warning Heme (rare), minocycline associated lupus

Case

- 42 year old healthy man presents in February with cough, T38C, wheezing
   Rapid flu test positive; SARS CoV-2 PCR negative
- Discharged home
- 5 days later returns to ER with T 39C, dyspnea, oxygen sat 90% RA
- CXRay + dense RLL infiltrate
- Sputum gram stain 4+ polys, 4+ G+ cocci in clusters
- WBC 21,000, 96% polys, creat 1.2, Lactate 2.4
- Sputum /blood cultures sent

## ARS Question #

In addition to supportive care, the best therapy includes:

- A. Linezolid
- **B.** Ceftriaxone
- c. Azithromycin
- D. Daptomycin

# Freatment of Community-Acquired Bacterial Pneumonia (CABP)

### Outpatient

Healthy - macrolide or doxycycline

(+) comorbidity or risk factor for drug-resistant S. pneumoniae (DRSP):

Respiratory quinolone

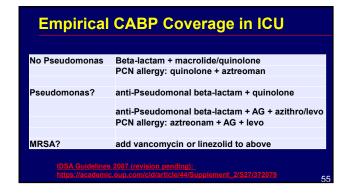
β-lactam + macrolide

Inpatient, non-ICU

Respiratory quinolone

β-lactam + (macrolide or quinolone)

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# Risk factors for MRSA in CABP

- Gram-positive cocci in clusters on sputum Gram stain
- Known colonization with MRSA
- Risk factors for colonization with MRSA (eg, end-stage renal disease, contact sport participants, injection drug users, those living in crowded conditions, men who have sex with men, prisoners)
- · Recent influenza-like illness
- Antimicrobial therapy (particularly with a fluoroquinolone) in the prior three months
- Necrotizing or cavitary pneumonia
- Empyema

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## Risk Factors for DRSP in CABP

- Age >65 years
- Beta-lactam, macrolide, or fluoroquinolone therapy within the past three to six months
- Alcoholism
- Medical comorbidities
- · Immunosuppressive illness or therapy
- Exposure to a child in a daycare center
- Healthcare exposure (LTC)
- Recent tx/repeated course of therapy with beta-lactams, macrolides, or FQ = risk for pneumococcal resistance to the same class of antibiotic - use an agent from an alternative class

# **Abx Options for MRSA Pneumonia**

- Vancomycin
- Linezolid/Tedizolid
- · Clindamycin (D test negative)
- Ceftaroline
- Omadacycline
- Lefamulin
- Delafloxacin

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	Ceftaroline	Ceftriaxone	Tx Diff (95% CI)
Day 4 response	69.5%	59.4%	10.1 (-0.6, 20.6)
S. pneumo	54/74 (73.0%)	42/75 (56.0%)	16.9 (1.4, 31.6)
S. aureus	14/24 (58.3%)	17/31 (54.8%)	0.7 (-24.7, 26.2)

# Ceftaroline Safety and Monitoring Rash, Gl disturbances – like other cephalosporins Hematologic toxicity (class effect) Eosinophilia Positive Coomb's test Hepatotoxicity – LFT abnormalities 1-7% Neurotoxicity – tremor, confusion, seizure, encephalopathy Worse with renal failure

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	Omadacycline	Eravacycline
FDA approval	ABSSSI, CABP	cIAI, not cUTI (failed studies)
Dosing	200 mg loading dose over 60 min day 1, 100mg IV over 30 min or 300mg orally once daily	1mg/kg IV q 12h (over 60 minutes)
	No dose adjustment for renal/hepatic impairment	Dose adjustment with hepatic impairment
Activity	Broad spectrum: Gram-pos including MRSA, VRE;	
	Gram-neg including ESBL	, CRE (not all); anaerobes
Issues	Limited activity vs carbapenem-resistant K. pneumoniae	High MIC Pseudomonas, Burkholderi spp.
Safety	GI, rash, ?heart rate	GI, rash

	Lefamulin N = 276	Moxifloxacin+/- LZD N = 275	Tx Diff (95% CI)
Day 4 response	87.3%	90.2%	-2.9 (-8.5, 2.8)
S. Pneumo	82/93 (88.2%)	91/97 (93.8%)	ND
S. aureus	10/10	4/4	ND

## Case

- 73 year old man with prostate cancer, presented after rapid deterioration at home (<24hrs): feeling unwell, nausea and coffee-ground vomiting, followed by lethargy/difficulty speaking; intubated
- Never smoker, rarely drinks alcohol
- Never used IV drugs
- Lives with his wife at home
- Retired engineer

Case

- BP 102/73 (on levophed), HR 72, Tm 100.1 Tc 98.7, RR 16 Sat 95% on FiO2 40%
- General: Intubated, unresponsive
- HEENT: Anisocoria, left pupil fixed and dilated, right responds to light, no conjunctival hemorrhage, minimal stiffness in the neck
- · Chest clear
- Heart : S1 S2 RRR, no murmur
- Abd: normal bowel sounds, soft NT ND
- Ext: no joint swelling, no stigmata of endocarditis

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# Case (continued)

- WBC 13.7, Hb 10 Plt 150
- BUN 20, Cr 0.8, LFTs normal
- Lactate 1.2
- CXR RLL infiltrate
- Brain MRI Early subacute, nonhemorrhagic, cerebral as well as cerebellar hemispheric microembolic infarcts most probably ascribable to a central embolic source
- CSF WBC 975 (neutrophils 85%), RBC 192, Glucose <5, Protein 540
- Blood Cx + S. pneumoniae, penicillin MIC 2 mcg/ml, ceftriaxone MIC < 0.5 mcg/ml</li>

ARS Question #
You recommend which of the following:

- A. Penicillin
- **B.** Ceftriaxone
- c. Vancomycin
- D. Moxifloxacin

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