

01 – Introduction

Speaker: John Bennett, MD and Henry Masur, MD

2020

INFECTIOUS
DISEASE
BOARD REVIEW

Daily Question Preview 1

Moderator: Henry Masur, MD, FIDSA, MACP

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PREVIEW QUESTION

1.1

A 47-year-old woman with recurrent episodes of bronchitis, recently more exacerbations. Tired.

One episode of documented bacterial pneumonia and sinusitis.

Immunoglobulin levels:

- IgG 500 (normal 523-1482)
- IgA <10 (normal 51-375)
- IgM 165 (normal 37-200)

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1.1

What is the next step to establish a diagnosis of the underlying cause of the recurrent infections and abnormal lab results?

A) IgG subclasses and titers against tetanus and pneumococcus. If low consider IVIG

B) Repeat IgG levels. If low, consider IVIG.

C) Skin tests for DTH. If anergic, consider IVIG.

D) Titers against tetanus and pneumococcus, immunize, and repeat. If low, consider IVIG.

E) Check MBL levels. If low, consider IVIG.

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1.2

A patient with HIV infection newly diagnosed (CD4=10, VL= 200,000 copies/uL) was started on the following medications: efavirenz, emtricitabine, tenofovir, dapsone, clarithromycin. Fluconazole was added when oral thrush was noted.

Ten days later the patient returns with headache, shortness of breath, a normal chest CT, and ABG which shows pH 7.40, pO2=96mmHg, pCO2 =39mm Hg, O2 Sat 79%.

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1.2

The most likely cause of this patient's syndrome is:

A) Pneumocystis pneumonia

B) Pulmonary Kaposi sarcoma

C) Fluconazole interaction with another drug

D) Dapsone

E) Clarithromycin

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1.3

A 50-year-old male with HIV and PCP is receiving pentamidine 4 mg/kg IV over 1 hr qd.

On the ninth day of therapy, while awaiting transportation home, he has a syncopal episode.

An EKG done by the code team is normal.

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1.3

What non cardiac toxicity of pentamidine would be most likely:


- A) Hyponatremia
- B) Seizure
- C) Hypoglycemia
- D) Hypertensive crisis and stroke
- E) Pulmonary embolus

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1.4

An 18-year-old man presents with a history of malaise, low-grade fevers, and new-onset painful genital lesions seen in the picture below.



He had unprotected sexual intercourse with a female partner 2 weeks earlier.

Neither he nor his partner has traveled outside the United States.

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1.4

Which of the following diagnostic tests is most likely to yield the specific diagnosis?

- A) Serum RPR
- B) Serum FTA-Abs
- C) Darkfield microscopy
- D) Glycoprotein-G 1 serum antibodies
- E) PCR on lesion swab


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1.5

What complication would you be most concerned about in this patient with zoster involving his ear?

- A) Facial paralysis
- B) Keratitis
- C) Encephalitis
- D) Optic neuritis
- E) Oculomotor palsies



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1.6

A 67-year-old woman is hospitalized with nosocomial meningitis due to MSSA.

She has a history of allergy to penicillin that is listed in the records as rash; the family recalls that she went to the ED when the rash occurred.

She is not able to corroborate history. She has not received penicillin or cephalosporin antibiotics since the rash occurred a few years ago. Two of her daughters have allergies to penicillin.

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1.6

You are asked about optimal antibiotic treatment. What do you advise?

- A) Administer nafcillin without prior testing
- B) Administer nafcillin after test dose
- C) Skin test for penicillin reaction; if negative then administer nafcillin after test dose
- D) Administer vancomycin
- E) Desensitize to nafcillin

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1.7

A 43-year-old man with diabetes is hospitalized with a closed tibial fracture.

Three years ago when he was being treated for a foot infection with piperacillin-tazobactam he developed a very itchy rash after several weeks of treatment.

The anesthesiologist calls to ask advice about surgical antibiotic prophylaxis prior to operative fixation.

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1.7

What advice do you give?

A) Administer clindamycin

B) Administer cefazolin

C) Administer cefazolin after intraoperative test dose

D) Administer ceftriaxone

E) Administer vancomycin

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1.8

A 57-year-old male presented with a 3-month history of progressive lower back pain.

On ROS he denied fevers or chills but his wife noticed he had weight loss.


Originally the patient was from Cambodia, emigrated as a child.

He is employed at a seafood processing plant

ESR 84 CRP 16

MRI with discitis and osteomyelitis at L5-S1

Blood cultures grew Staph epidermidis in 2 of 4 bottles



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1.8

What is the best next step in management?

A) Repeat 2 sets of blood cultures

B) Initiate vancomycin; place PICC for six week treatment course

C) Obtain interferon gamma release assay

D) Percutaneous biopsy of disc space

E) Empiric treatment with rifampin, isoniazid, ethambutol, and pyrazinamide

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1.9


44-year-old woman, previously healthy, suffered a right ankle closed pilon fracture

She underwent an open reduction and internal fixation

Impaired wound healing was noted

Chronically discharging wound despite courses of cephalexin and trimethoprim-sulfamethoxazole

3 months after Open Reduction and Internal Fixation (ORIF), wound culture grows methicillin-susceptible Staph aureus



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1.9

What are your next steps?

A) Nafcillin followed by long-term trimethoprim- sulfamethoxazole

B) Hardware removal; six weeks of oxacillin

C) Hardware removal; six weeks of oxacillin and rifampin

D) Debridement without hardware removal; six weeks of oxacillin and rifampin

E) Debridement and hardware replacement; six weeks of oxacillin and rifampin

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1.10

A 39-year-old woman is seen on day 4 of hospitalization for high fever and leukocytosis.

The fever had been present for 3 ½ weeks and was accompanied by severe arthralgias of the knees, wrists and ankles as well as myalgias.

A severe sore throat was present during the first week of the illness.

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1.10


Exam: T=104.2° F.

Tonsillar swelling and erythema is present, with tender cervical LN.

Spleen tip is palpable.

The R wrist is swollen and painful.

A rash present on the trunk and extremities, most prominently under the breasts and in the area of her underwear waistband.



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1.10 Labs:

Ferritin **3600** ng/ml (nl 40-200)
WBC **32,200** (89% neutrophils)
AST and ALT 3x normal
ESR and CRP 5x normal
ANA and RF negative
Throat and blood cultures negative

On afternoon rounds with the attending, the fever resolved with Tylenol and the rash is no longer present.

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1.10

The most likely diagnosis is?

A) Lymphoma
B) Adult Still's Disease
C) Acute Rheumatic Fever
D) Cryoglobulinemia
E) Kikuchi's Disease

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1.11

A 24-year-old man is referred from the ED for ulcers of the mouth and penis. Three months ago he came to the U.S. from Japan to attend graduate school.

He has a history of intermittent, painful oral ulcers for 3-4 years. Four days ago he developed a painful ulcer on the penile shaft. He recalls a similar lesion 2 months earlier. He takes no medicines and denies sexual contact for the past 5 years.

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1.11


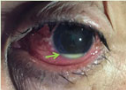
Exam: afebrile

Left eye is inflamed and there is a hypopyon. Numerous ulcers on the oral mucosa.

There is a 0.5cm ulcer on the penis.

A 6mm papulo-pustular lesion is present in the right antecubital fossa; the patient says that is where they drew blood yesterday in the ED

Labs: Hb 12.1; WBC 13,750. HIV negative



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1.11

The most likely diagnosis is?

A) Syphilis

B) Behçet's disease

C) Herpes simplex virus infection

D) Sarcoidosis

E) Cytomegalovirus infection

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1.12

A 19-year-old recent immigrant from Iraq is hospitalized for 2 day history of fever and severe abdominal pain.

He says he has had similar episodes on at least 3 previous occasions over the past 7 years.

At the first episode he underwent appendectomy; the removed appendix was normal.

Other episodes resolved spontaneously after 2-3 days.

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1.12

Exam:
T 102.2; pulse 114; no rash
Abdominal guarding, rebound tenderness, hypoactive bowel sounds.

Labs:

Hb 12.4; WBC 16,650; UA normal
Basic metabolic panel normal
No occult blood in stool
CT of abdomen and pelvis normal

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1.12

The most likely diagnosis is:

A) Hereditary angioneurotic edema

B) Familial Mediterranean fever

C) Systemic lupus erythematosus

D) Crohn's disease

E) Acute intermittent porphyria

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1.13

A 63-year-old man with no significant past medical history presents with a week of fever, rigors, and progressive dyspnea on exertion.

Exam : BP 160/40 P110 , 39.5
Rales ½ way up bilaterally
Loud diastolic decrescendo murmur, lower left sternal border

Labs and studies
WBC 23,000 90% PMNS, HCT 30. Platelets 110.
Creatinine 1.6 mg/dl

TTE 1.5 cm oscillating mass, on bicuspid AV with severe aortic regurgitation

3/3 blood cultures: Gram positive cocci in clusters.

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1.13

What antibiotic regimen would you recommend pending further information about Gram-positive cocci?

A) Nafcillin

B) Vancomycin

C) Vancomycin + nafcillin

D) Vancomycin + gentamicin

E) Vancomycin + gentamicin + rifampin

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1.14

A 72-year-old man type 2 diabetes mellitus, stage II chronic kidney disease (CKD), and a history of mild aortic stenosis is admitted to the hospital with fever, dysuria, and urinary frequency.

Exam: T38.9oC, Pulse 110 , BP 145/95 mm Hg.
Lungs are clear
3/6 systolic ejection murmur at the right upper sternal boarder.

Lab results
Serum glucose 340 mg/dl
Serum creatinine 1.7 mg/dl
BMP otherwise normal
UA: 3+ protein, 20-50 wbcs/high power field, 4+ glucose.

Two blood cultures and a urine culture are positive for ampicillin-susceptible *Enterococcus faecalis*.

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1.14

What antibiotic regimen would you recommend for definitive therapy of this patient's infection?

A) Ampicillin for 2 weeks
B) Penicillin + gentamicin for 4 weeks
C) Ampicillin + gentamicin for 4 weeks
D) Ampicillin + ceftriaxone for 6 weeks
E) Daptomycin for 8 weeks

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1.15

A 44-year-old man presents with a subjective fever for 3 months, diarrhea for over a year, has lost 30 pounds, and complains of intermittent arthralgias, mainly in his hands.

Exam: BP 172/52 P 92 R 24 T38C
Loud decrescendo blowing diastolic murmur at the lower left sternal border, and rales halfway up bilaterally.

Blood cultures (6 sets): negative after 21 days

Valvular tissue obtained at valve replacement reveals foamy macrophages by PAS stain.

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1.15

Which of the following is the most likely etiologic agent?

A) A member of the HACEK group
B) *Coxiella burnetii*
C) *Tropheryma whippelii*
D) *Bartonella quintana*
E) *Abiotrophia defectiva*

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1.16

On day 9 of nafcillin therapy for complicated methicillin-sensitive *S. aureus* bacteremia a patient has developed new neutropenia (1,000 neutrophils).

MICs (µg/ml) of the blood isolate are:
penicillin 0.12 (S),
cefazolin 0.5 (S)
vancomycin 1 (S)
daptomycin 0.5 (S)
ceftaroline 0.5 (S)

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1.16

Which one of the alternative agents would you recommend?

A) Penicillin
B) Cefazolin
C) Vancomycin
D) Daptomycin

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1.17

36-year-old female injection drug user with R hip pain, decreased ROM 2/2 pain; 2/2 blood cultures + for MSSA; CXR, right hip x-ray, CT abdomen and pelvis, MRI, TTE all normal.

She was treated with empirical vancomycin, blood cultures sterile after 1 day of therapy, now on day 5 of nafcillin.

Pain much improved on day 7, but she still uses a cane for ambulation.

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1.17

Which one of the following antibiotics would you recommend for a 6 week course?

A) Dalbavancin

B) Ceftriaxone

C) Vancomycin

D) Cefazolin

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1.18

38-year-old healthy female with 1 day of sore throat and fever.

Childhood history of anaphylaxis to penicillin.

Physical exam
T=102.3
HEENT-tonsillar purulence
Neck-Tender bilateral anterior LAN

Labs:
Rapid strep antigen diagnostic test negative



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1.18

What is the most appropriate antimicrobial treatment?

A) Cephalixin

B) None

C) Doxycycline

D) Clindamycin

E) Levofloxacin

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1.19

A 42-year-old, previously healthy woman is seen for a bad “sore throat” that began 4 days earlier while attending her sister’s wedding in southern Ukraine.

She complains of malaise, odynophagia, and low grade fever.

Today, she noted a choking sensation, prompting medical evaluation.


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1.19

T 100.2F; P 126; BP 118/74.
HEENT: Submandibular swelling
Gray exudate coating posterior pharynx.
An S3 gallop is heard.

CBC is normal.
EKG shows: 1st degree AV nodal block, prolongation, and ST-T wave changes.



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1.19

The most likely diagnosis is?

A) Streptococcal pharyngitis

B) Kawasaki disease

C) Vincent angina

D) Diphtheria

E) Lemierre syndrome